

FLU SEASON AHEAD.

Stay safe, healthy and informed.

- 1 Everyone 6 months¹ and older should get the flu vaccine.²
- 2 Visit your primary care provider (PCP) or go to a participating pharmacy or clinic.
- 3 Unsure where to go for care? Call our 24/7 advice nurse at **1-800-288-2264**, TTY **711**.

If you have a life-threatening situation, call 911 or go to the nearest hospital emergency room.



Visit your health plan's website to find vaccine locations near you. If you have questions, call Member Services at the toll-free number on the back of your health plan ID card.

¹Children age 8 and under should see their PCP for a flu shot.

²CDC.gov



HPN



SHL

We do not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the toll-free phone number listed on your health plan ID card or plan documents.


Español (Spanish)

Tiene derecho a recibir ayuda e información en su idioma sin costo. Para solicitar un intérprete, llame al número de teléfono gratuito para miembros que se encuentra en su tarjeta de identificación del plan o los documentos de su plan.


Tagalog (Tagalog)

May karapatan kang makakuha ng tulong at impormasyon sa sinasalita mong wika nang libre. Upang humiling ng interpreter, tawagan ang toll-free na numero ng telepono para sa miyembro na nakalista sa iyong ID card sa planong pangkalusugan o sa mga dokumento ng plano.

Health Plan of Nevada

A UnitedHealthcare Company 

Sierra Health and Life

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Health plan coverage provided by Health Plan of Nevada.
Insurance coverage provided by Sierra Health and Life.

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